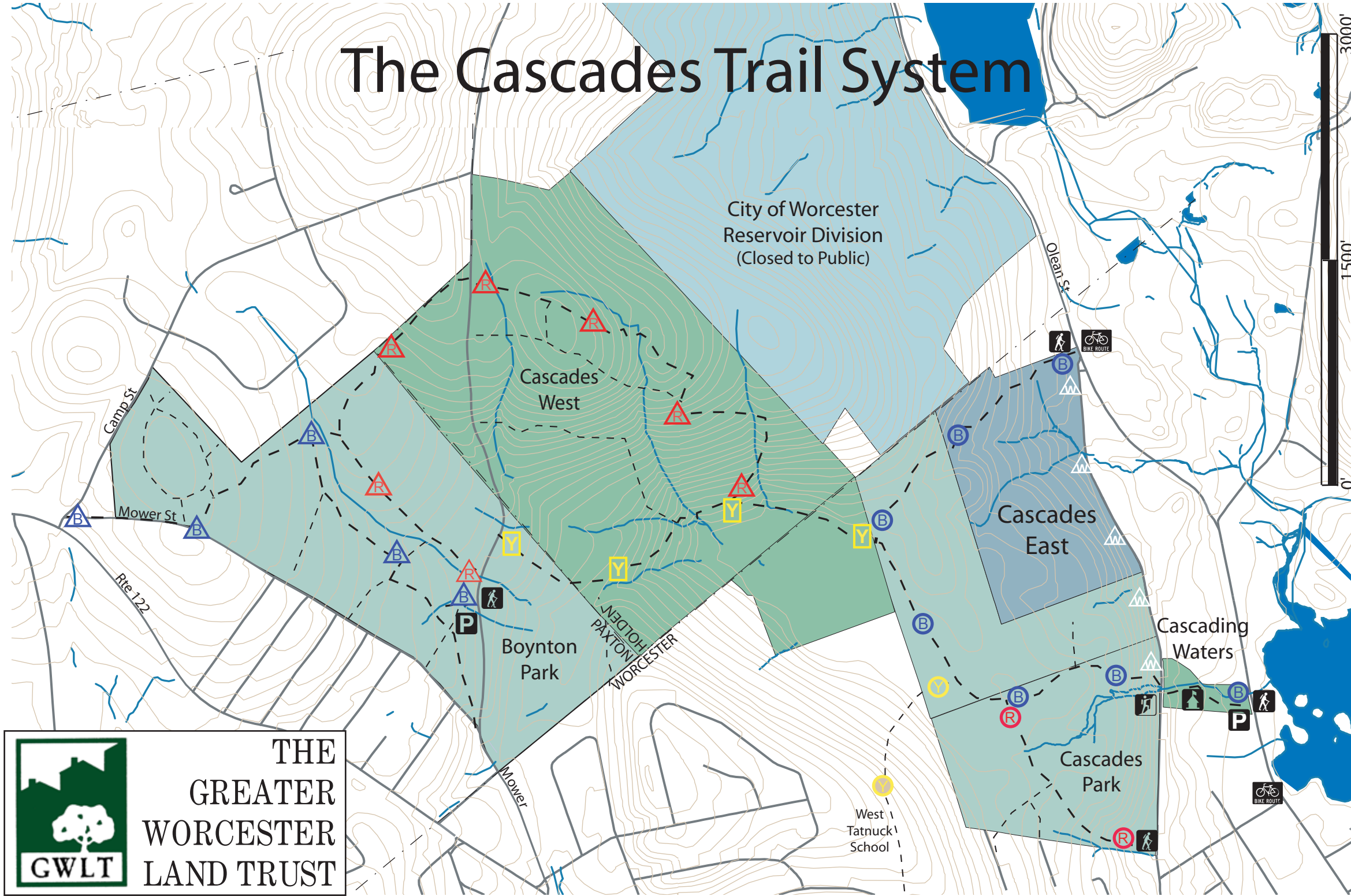


The Cascades Trail System



Cascades Trail	Blue Circles	Primary Trail	Trailhead
Meadow Ridge Trail	Red Triangles	Secondary Trail	Parking
Newton Trail	Red Circles	Town Boundary	Steep Grade
River Trail	Blue Triangles		Caretaker Station
Silver Spring Trail	Yellow Rectangles		City Bike Route
West Tatnuck Nature Trail	Yellow Circles		
Holden Trail	White Triangles		